



## Same-Day Surgery Center

At Edina Specialty Surgery Center, our skilled team of surgeons provide same-day surgery to children and adults whose treatment does not require an overnight hospital stay.

The team of experienced anesthesia staff, registered nurses, surgical technicians and surgeons work together to ensure each patient experiences superior surgical results in a safe, comfortable and private setting.

### We look forward to caring for you in our same-day surgery center, where you will:

- Have high-quality surgical care without an overnight stay
- Recover in the familiar surroundings of home, rather than a hospital
- Spend less time away from work, family and friends

### Before Surgery

Have a medical history and physical exam with your regular doctor within 30 days before your surgery. Check with your surgeon or regular doctor to schedule this appointment.

If you take blood-thinning medicine, ask your doctor if you should take it before surgery.

If you have diabetes and use insulin and/or pills, ask your doctor how much you should take before surgery.

If you have any change in your health, like a cold, call your doctor at least one day before your surgery.

**Depending on the type of procedure, your surgery may need to be rescheduled if no one can drive you home and stay with you for 24 hours.**

You will receive a phone call about one week before surgery from a nurse at Edina Specialty Surgery Center to review your health history.

### Night Before Surgery

Beginning at midnight, do not eat or drink anything. This includes chewing gum and hard candy. Do not even drink water, except a sip of water to take your medication unless instructed otherwise by your primary physician or surgeon.

Your surgery will be delayed or canceled if you do not adhere to the following rules:

- No clear fluids or gum within two hours of surgery
- No light meals, candy or chewing tobacco within six hours of surgery
- No heavy or high-fat meals within eight hours of surgery

**Please note, if your child has had a fever greater than 101° F in the last 24 hours, it may result in cancellation/postponement of your child's procedure.**

### What to Bring

The morning of your surgery, please remember to bring:

- Your pre-surgery instructions
- Your health care directive, if you have one
- A copy of your medical history and physical exam, if you have one
- A copy of your EKG, if you have one
- Your asthma, COPD inhaler, if you use one

- Your insurance information and a photo ID to register
- Money to cover co-pay for your prescriptions that may be required
- Appropriate, comfortable clothing for discharge, taking into account casts, slings and movement restrictions

### What Not to Bring

- Do not bring any valuables, such as jewelry, watches, tablets or laptops.
- Remove all body piercings before you arrive at the surgery center.
- Do not wear excessive makeup. For example, mascara, eyeliner, eye shadow.

### Day of Surgery

Unless your doctor tells you otherwise, you should take the following medicines as prescribed with a small sip of water on the morning of surgery:

- Heart medicine
- Blood pressure medicine
- Seizure medicine
- Asthma medicine
- Prednisone

Arrive one hour before your scheduled surgery or as directed by your doctor.

Edina Specialty Surgery Center front doors open at 5:30 a.m., take elevators, which begin working at 5:30 a.m., to second-floor Surgery Center.

The anesthesiologist and your surgeon will meet with you and answer any questions before surgery.

A nurse will take your health history, temperature and blood pressure and help you prepare for surgery. A friend or relative may stay with you during this time.