

Same-Day Surgery Center

At Edina Specialty Surgery Center, our skilled team of surgeons provide same-day surgery to children and adults whose treatment does not require an overnight hospital stay.

The team of experienced anesthesia staff, registered nurses, surgical technicians and surgeons work together to ensure each patient experiences superior surgical results in a safe, comfortable and private setting.

We look forward to caring for you in our same-day surgery center, where you will:

- Have high-quality surgical care without an overnight stay
- Recover in the familiar surroundings of home, rather than a hospital
- Spend less time away from work, family and friends

Before Surgery

- **YOU MUST HAVE A PREOPERATIVE PHYSICAL EXAM AND MEDICAL HISTORY WITH YOUR PRIMARY CARE GIVER WITHIN 30 DAYS BEFORE YOUR SURGERY.** Check with your surgeon or primary care giver to schedule this appointment.
- Ask your primary care giver if any of your medications, including blood-thinners and diabetes medicine, should be held prior to surgery.
- Please notify us and your primary care giver if there are any changes to your health, including but not limited to: fever, chills, nausea/vomiting, sore throat, congestion or runny nose, sore throat, diarrhea, new loss of taste or smell, body aches.
- You will receive a phone call between one and three days before your surgery from a nurse at Edina Specialty Surgery Center to review your health history and provide you with your surgical time. If you miss this phone call, the nurse will leave a detailed voicemail with instructions.

- Please arrange to have someone drive you to and from your surgery. Unless instructed otherwise, you must have a responsible adult (18 years and over) stay with you for 24 hours after leaving our center.

Please be aware that due to the nature of our surgery schedule, your arrival time and time of operation may change up to one day prior to your surgery

Night Before Surgery

- Do not eat or drink anything (including chewing gum and hard candy) **eight** hours prior to the start of your surgery. You may continue to drink small amounts of water up to two hours prior to the start time of your surgery. Failure to comply with this will result in a delay or cancellation of your surgery.
- If instructed by your surgeon, wash with special soap (hibiclens, dial).

Day of Surgery

- Unless otherwise instructed by your primary care giver, take all medications at their normal time with a small sip of water.
- Remove any jewelry and body piercings.
- Please do not wear excessive makeup, perfume (including essential oils), or scented lotion. If you are having surgery on your chest area, do not wear deodorant or antiperspirants.
- Wear comfortable clothing that is easy to remove and put on.
- Arrive at our center one and one half hour before your scheduled surgery time unless instructed otherwise.

- Lockers will be available for your belongings but please do not bring any valuables with you.

What to Bring

- Copy of your medical history and physical exam if provided to you
- Copy of any Health Care Directive or Living Will if you have one
- Copy of any tests including EKG, Heart ECHO or labs if provided to you
- Any respiratory inhalers
- CPAP or BiPAP machine
- Any eye drops given to you by your surgeon
- Your insurance information
- Photo ID

What Not to Bring

- Do not bring any valuables, such as jewelry, watches, tablets or laptops
- Remove all body piercings before you arrive at the surgery center
- Do not wear makeup. For example, mascara, eyeliner, eye shadow
- Do not wear perfume or cologne

The surgery center is not responsible for any lost or misplaced personal items

Edina Specialty Surgery Center front doors open at 5:30 a.m., take elevators to second-floor Surgery Center and check-in at the front desk.

A nurse will take your health history, temperature and blood pressure to prepare you for surgery.

The anesthesiologist and your surgeon will meet with you and answer any questions before surgery.